



**FAITH
FREEDOM
Life**
A JOURNEY TO HEALING

2024 IMPACT REPORT

Faith Freedom Life provides holistic support for returning citizens and their families, from incarceration through reentry. We foster social, spiritual, and interpersonal connections, creating space for transformation and renewed perspective. Our goal is to empower healing and wholeness, breaking the cycle of recidivism for lasting change.



STATS

NUMBERS



**Over 100
Served in
2024**



**23 Virtual
Support
Sessions**



**2 Support Group
Guest Speakers**



**83 Blessing
Bags Given**



**1 Community
Partnership:
St. Vincent
DePaul**

REVENUE

Individual	\$1,011.27
Foundation	\$18,000.00
In Kind	\$13,254.00
Fundraising	\$8,046.58

Total Revenue: \$40,311.85

EXPENSES

Programming	\$7,702.28
Non-Programming	\$9,848.25
Office and Operations	\$2,641.41

Total Expenses: \$20,191.94

Learn how you can get involved: faithfreedomlife.org



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PROGRAM and COMMUNITY HIGHLIGHTS

- **Successfully launched** the curriculum pilot of the *Faith Freedom Life 12 Steps to Inner Healing Support Group Participant Workbook*.
- **Sponsored** 20 women for a **Women's Rejuvenation Retreat** weekend.
- **Partnered** with **A Better You Counseling** to provide individual therapy for support group participants.
- **Hosted** a **Back-to-School Giveaway** with **Impact Change Now**.
- **Hosted** **Mental Health First Aid** training with **Mental Health America**.
- **Supported** families of the incarcerated with resources and financial aid.

TESTIMONIALS

"This group is not only helping me to deal with the incarceration of my son but equipping me with the tools to effectively mentally cope and express without judgment."

"Thank you so much for sending the workbook! FFL and you have helped me so much."

"I know the Word, but it was the 12 Steps that caused me to dig up stuff."

"A lot of my healing has come from FFL and support group."

See more testimonials at
faithfreedomlife.org/testimonials/

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IMPACT REPORT FAITH FREEDOM LIFE

2024 Support Group

513-310-6068 www.faithfreedomlife.org



FIRST-YEAR CURRICULUM PILOT

OBJECTIVE

To evaluate Faith Freedom Life's **12 Steps to Inner Healing** program and the implementation of the "Support Group Participant Workbook," which integrates scripture, meditation, and reflection tools, through pre- and post-surveys conducted during the first-year curriculum pilot.

PROGRAM OVERVIEW

Faith Freedom Life® (FFL) is a holistic program that supports families and returning citizens before, during, and after incarceration. By addressing social, spiritual, and interpersonal needs, FFL helps participants rediscover hope and develop thriving relationships within their families and communities.

Our programming empowers individuals to transform their perspectives and break free from destructive cycles. Through tailored group sessions, participants receive the tools to foster emotional healing, spiritual growth, and interpersonal connection.

MISSION

To offer community and connections to inspire hope and facilitate transformation in the lives of families of the incarcerated.

VISION

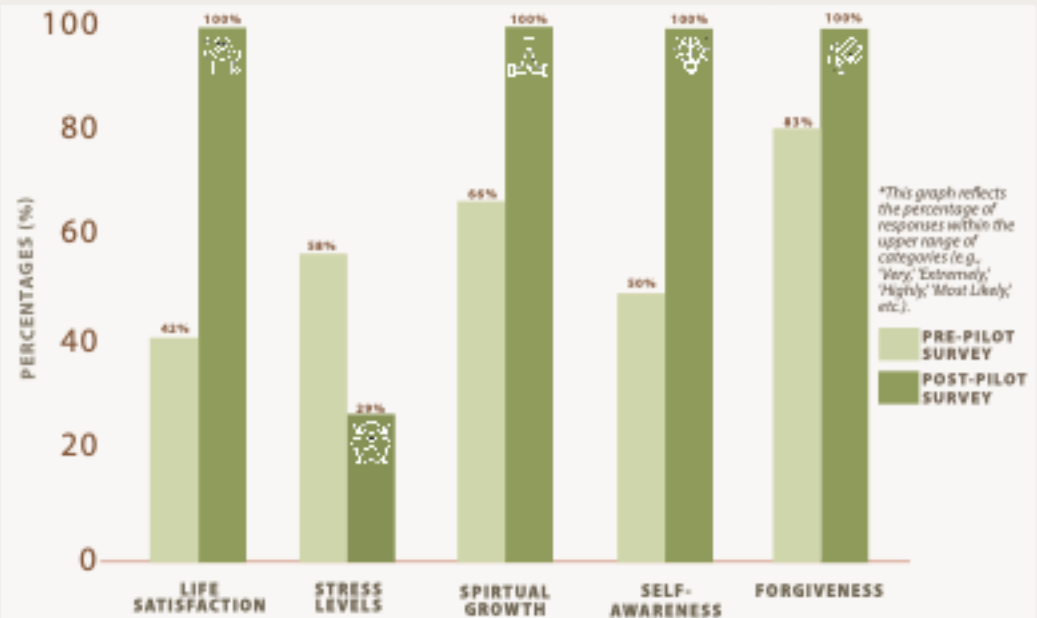
A world where those impacted by incarceration experience holistic healing and empowerment, breaking the cycle of recidivism.

"I've learned to forgive myself, journal my prayers, and set personal goals. I now walk in faith that Father God goes before me in all areas of my life."

— Program Participant

[f](#) [in](#) [v](#) @faithfreedomlife

KEY CURRICULUM IMPACT HIGHLIGHTS



Pre- and post-program and curriculum impact across five key categories: life satisfaction, stress levels, spiritual growth, self-awareness, and forgiveness.

SUMMARY OF KEY FINDINGS

FFL's first-year curriculum pilot achieved measurable success in meeting the needs of its targeted audience, offering transformative results. Additional highlights and qualitative insights:

GREATEST AREAS OF TRANSFORMATION



ADDITIONAL FEEDBACK INDICATORS



These results underscore FFL's ability to transform emotional well-being, spiritual connection, and self-awareness, equipping participants to manage stress, achieve goals, and build healthier relationships through faith-based healing, accountability and resilience.

FUTURE GOALS AND EXPANSION

FFL envisions expanding its impact by:

- Partnering with local churches and organizations to implement the curriculum for their communities.
- Building regional and national networks to ensure more families and returning citizens benefit from holistic healing.
- Increasing accessibility to the program through sponsorships and partnerships.

By supporting FFL, sponsors will help address systemic challenges facing families impacted by incarceration while enabling transformational healing at individual, family, and community levels.

JOIN US

Faith Freedom Life® relies on the generosity of sponsors and partners to grow and extend its reach. Together, we can build a future where every family impacted by incarceration finds hope, healing, and a new beginning.